NEXT STEPS

- If you were given any take-home medication, it is very important to finish taking them.
- You can spread an STI to your partner(s) if you were infected during a sexual assault.
- Important to use a condom or other barrier method until STI/HIV status has been determined (6 months).
- Follow-up with your doctor about getting tested, even if you aren’t experiencing any symptoms.

FOLLOW-UP TIMELINE

Go to your doctor ASAP for the 1st Hep B & HPV Vaccine (if needed).

NEED ADDITIONAL HELP?

Find help with a map locator:
RapeHelpMN.org

National Sexual Assault Hotline:
1-800-656-4673

Come back at any time if you need:
- Counseling
- Crisis Support
- Referral for Services
- Testing and/or Treatment

Sources: Centers for Disease Control and Prevention, Minnesota Department of Health, World Health Organization

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BEFORE WE GET STARTED

It is possible to get an STI from being sexually assaulted.

STIs can impact your long-term health if left untreated.

It can take weeks or even months for some STIs to develop.

There is medication available.

We strongly encourage you to come in for follow-up testing*.

*Recommendations are on the back of this brochure.
Chlamydia
- Most men and women will have no symptoms
- Potential for long-term health impact if left untreated
  - May lead to severe pelvic infection
  - May make it difficult to get pregnant
- There is safe and effective treatment
- Take a one time treatment today

Gonorrhea
- Most men and women will have no symptoms
- Potential for long-term health impact if left untreated
  - May lead to severe pelvic infection
  - May make it difficult to get pregnant
- There is safe and effective treatment
- Take a one time treatment today

Trichomonas
- Some people will have a foul smelling discharge
- Potential for long-term health impact if left untreated
  - May lead to an early labor if you are pregnant
  - May put you at higher risk for HIV if left untreated
- There is safe and effective treatment
- Take a one time treatment today

Important: this medication can NOT be taken with alcohol in your system 3 days before and 3 days after, as it can make you very sick

Herpes
- Could cause burning and tingling in genital area
- Easily spreadable with potential for health impact
  - May increase your risk of acquiring other STIs in the future
  - May cause one or more outbreaks
- Medication can decrease length and frequency of outbreak(s)
- No treatment available today

Hepatitis B
- Potential for health impact in the future
  - May cause liver damage
- There is treatment available
- Vaccine is available today, if you have not been vaccinated

Hepatitis C
- Potential for health impact in the future
- There is treatment available
- No treatment available today

Syphilis
- Potential for health impact if left untreated
- There is safe and effective treatment
- No treatment available today

HPV (Genital Warts)
- Could cause small bumps or something feeling ‘different’
- Potential for health impact in the future
- There is treatment available
- No treatment today; vaccine is available

HIV
- Medications to prevent HIV are available today
- Additional follow-up if you started HIV prophylaxis