**Information for SANE Shadowing Program**

The SANE Shadowing Program is organized by Linda Walther, Lead SANE Consultant for MNCASA’s Medical Forensic Exam Access Project. There are two SANE programs in the metro area working together to provide SANE Shadowing opportunities. You will be “on call” with both SANE programs, increasing the opportunity of being called to an exam.

The two SANE programs are:

1. **Sexual Assault Resource Service: (SARS)**
   - SARS office number is 612-873-5832

   SARS provides care for 10 hospitals in Hennepin County:
   - HCMC – Hennepin County Medical Center
   - North Memorial Medical Center
   - Maple Grove Hospital
   - Park Nicollet Methodist Hospital
   - Abbott Northwestern Hospital
   - U of M East Bank
   - U of M West Bank (Riverside)
   - U of M Children’s (formerly Amplatz)
   - Fairview Southdale Hospital
   - West Health Emergency Department

   SARS also goes to:
   - Fairview Ridges in Burnsville
   - Regina Hospital in Hastings
   - Northfield Hospitals

   When the SANE is paged, an advocate from the Sexual Violence Center is also paged for HCMC, North Memorial, Maple Grove, Methodist, Abbott Northwestern, West Health and Southdale. When the SANE is paged to the U of M hospitals, two advocates from the Aurora Center are paged. When the SANE is paged to Hastings or Burnsville, an advocate from the Lewis House is paged. Hope Center in Fairbault responds to Northfield Hospital.

   - SARS nurses need to respond to the hospital within one hour of being paged.
   - ~50% of patients are seen at HCMC, in the dedicated SANE room (B14).
   - SARS program serves ~ 700-800 patients per year.
   - SARS also has a Pediatric team of SANE-P nurses that respond for acute sexual abuse exams at HCMC and the U of M Children’s Hospital.
   - Suspect exams are done at HCMC.
   - There are ~17 SARS nurses.
2. **Regions SANE Program:**
   Office phone number is 651-254-1611. Ellen Johnson is the Regions SANE Manager.

   Regions SANE Program provides care for sexual assault patients at:
   - Regions Hospital
   - Lakeview Medical Center in Stillwater
   - St. John’s Hospital
   - St. Joe’s Hospital
   - Woodwinds Hospital

   Sexual Offense Services (SOS) sends an advocate to Regions Hospital when the SANE is paged.
   - Regions is a Level One Trauma Hospital in Ramsey County
   - Program serves ~ 250 patients per year
   - Dedicated room in the Regions ED for SANE exams
   - SANEs need to respond within half an hour of being paged
   - There are 17 SANEs in the program

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**Helpful Tips:**
1. When you are called, make sure to arrange where to meet the SANE at the hospital!
2. Bring change and bills for parking, some hospitals have automated systems that take credit cards.
3. Wear comfortable “dress casual” clothes, **no jeans.**
4. Bring a small wallet in your pocket or a purse you can carry with you at all times, there is no place to keep valuables in the hospitals, so bring only what you absolutely need into the ED!
5. Bring a clip board and paper so you can take notes.
6. Bring your work badge for ID.
7. Bring a snack and water, you might not have time to eat!

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**If you have questions, please contact Linda Walther**

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